

Welcome to the 2019 Canterbury Stingray Swim Team

We are pleased to have your child and you as part of the Stingray Swim Team this year. We are the swim team staff for 2019:

Brenda Brigadoi	Swim Team Director	419-889-3729	brenda.brigadoi@gmail.com
Austin Axe	Head Coach	419-215-6445	ausausmagu@gmail.com
Sydney Kenworthy	Assistant Coach	567-277-8127	skenworthy2066@gmail.com
Diane Mosser	Club Manager	419-423-8252 (pool phone)	

Austin Axe – Austin is very excited for this opportunity to coach at Canterbury and share his passion for the sport of swimming. He has coached the summer league in Sylvania OH for which grew up with for 7 years. For the past 3 ½ years, he has coached the Sylvania Tsunami (USA Team). He started coaching FAST this past September and specializes with the younger children.

Sydney Kenworthy - Sydney is also very excited to coach Canterbury swim team this summer. All throughout high school, Sydney taught children with special needs how to swim. She has been coaching for 5 years, with her most current coaching position with Inverness Country Club in Toledo. Sydney will also be lifeguarding at Canterbury this summer.

Registration: All swim team registration fees must be paid in full by Tuesday, May 28th, 2019 (by first practice). Make checks payable to *Canterbury Swim and Tennis Club* and send to Brenda Brigadoi, 3311 Ridgeview Drive, Findlay OH 45840.

Weather: In the case of questionable weather please contact the swim team coaches. The club manager and the coaches will determine whether or not practice will take place. In the event of cool but calm weather and sometimes light rain, the team WILL PRACTICE and do dry land exercises and games.

Practices: Swimmers must show up for practices on time, with a positive attitude, and ready to swim. Team members should listen to the coaches, do their best to follow instructions, and put forth their best effort. Please inform the coaches if you will be absent from practice.

Age 11 and up – Monday thru Friday 9:15 am – 10:15 am, except weeks June 10 – 21 8 am – 9 am

Age 10 and under – Monday thru Friday 10:15 am – 11:15 am, except weeks June 10 – 21 9 am – 10 am

Meet Sign-ups: Swimmers need to sign up between Tuesday and Sunday if they are planning to swim in the upcoming meet (Wednesday). Swimmers **MUST BE CERTAIN** of their availability before signing up. We will have sign-up sheets at the pool or you may email the coaches. **By signing up for a meet you have made a commitment to be present. Other swimmers who may be in a relay with you and your coaches are relying on you!** *If your swimmer becomes ill, is injured, or a family emergency arises, please let us know. We understand these things happen.*

Swim meets: If signed-up for a meet, swimmers have an obligation to show up, be on time, and be ready to swim. Swimmers should cheer on their teammates; know their event numbers by checking the line up sheets, and pay attention to the meet in order to know approximately when they should report to the bull pen. A parent helper from each team will be coordinating the swimmers in the bull pen and putting them in order of the line up. Listen or watch for which events are in the bull pen. Win or lose

team members should do their very best, and above all, have fun! Coaches will advise swimmers what time to be at the pool for warm ups for meets.

If this is the first time swimming, please ask the coaches about heat sheets, the bull pen, and any other questions you have about the meets.

Parent sign-ups: Parents must work at least one shift at the swim meets (both home and away meets) in which their children are swimming. **The meets cannot be run without your help.** First shift is events 1-45 and the second shift is events 46-90. Each team must supply their own helpers including:

- **Away Meets:** Bull Pen (2 helpers); Stroke Judge (2 helpers); Ribbon Writer (2 helpers); Timers (12 helpers)
- **Home Meets:** Bull Pen (2 helpers); Stroke Judge (2 helpers); Ribbon Writer (2 helpers); Timers (12 helpers); Runners (2 helpers); Concessions (2 helpers)

Parent helper sign-up sheets will be posted at the pool Thursday thru Tuesday. You can also email the swim team coordinator.

Donut Sign-up: A tradition at Canterbury, the morning practice following the meets we have provided a donut to each swimmer that participated in the meet. After practice, swimmers will receive their ribbons along with a donut to celebrate! We are asking parent helpers to provide donuts (2 parents) on these mornings. To determine the number of donuts needed, the helpers should find out from a coach on Wednesday how many team members are signed up to swim in a given meet. Depending on numbers, only one parent may be needed to provide donuts. It is up to you what you would like to provide – one kind or a variety. The club will provide the napkins. You may also provide an alternative, like popsicles. The kids really enjoy this treat! (The coaches do too so be sure to include them in your count.) This is completely voluntary and at your own expense.

Sharpie Markers: The kids like to ‘tattoo’ themselves with bubbles and cheers with sharpie markers. They also write their event information on their hand or leg with them. Stick a few in your swim bag. You (parents) may want to bring a small pad of paper for you to keep track of your child’s events.

Water and Sunscreen: Be sure your swimmer is well hydrated. On hot days we are out by the pool for a few hours so make sure your kids bring a water bottle to the meets. Just because they are in the water does not mean they do not have to DRINK water. Water or Gatorade is best. Some pools do not provide a lot of shade so be sure to bring sunscreen. Also, canopies may be set-up at some pools for shade.

If you know someone who would like to swim with Canterbury, please invite them to join us. Non-members may join the swim team for \$65.00 each. Word of mouth is our best advertisement!

We look forward to a fun summer swim season!

Brenda Brigadoi

Austin Axe

Sydney Kenworthy

