

Welcome to the 2016 Canterbury Stingray Swim Team!

We are so pleased to have your child and you as a part of the Stingray Swim Team this year. We are the swim team staff for 2016:

Julie Wilkins	Swim Team Coordinator	419-408-0078	juliewilkins@bright.net
Erin Dougherty	Coach	419-788-5676	ebubblesrock@aol.com
Kendra Wadding	Coach	419-889-5773	kwadding@yahoo.com

Diane Mosser, Club Manager 419-423-8252 (pool phone)

Julie Wilkins: My children have been part of the Stingray team for the past 6 years. Being on Swim Team has been a lot of fun for them and a great learning experience. This is my 3rd and final year as Coordinator. I will answer your questions to the best of my ability and appreciate any help you can give.

Erin Dougherty is a Junior at the University of Toledo. Kendra Wadding is a Senior at Findlay High School and will be attending the University of Findlay in the fall. These ladies are both experienced Findlay High School, FAST, and Canterbury swimmers and are working as lifeguards at Canterbury this summer. They are very familiar with Canterbury pool and look forward to working with your children and having a lot of fun this season.

Registration: *All swim team registration fees must be paid in full by May 31st, 2016* for your child to be allowed to swim in the meets. Make checks payable to *Canterbury Swim and Tennis Club* and send to Julie Wilkins 1536 Dakota Drive, Findlay, OH, 45840.

Weather: In the case of questionable weather please contact the swim team coaches. The Club Manager (Diane Mosser) and the coaches will determine whether or not practice will take place. In the event of cool but calm weather, the team WILL PRACTICE and do dry land exercises and games.

Practices: Swimmers should look forward to a fun and rewarding experience both as individuals and as teammates. Swimmers must show up for practices on time, with a positive attitude, and ready to swim. Team members should listen to the coaches, do their best to follow instructions, and put forth their best effort. Please inform the coaches if you will be missing practice.

Meet Sign-ups: Swimmers need to sign up between Tuesday and Sunday if they are planning to swim in the upcoming meet (Wednesday). Swimmers **MUST BE CERTAIN** of their availability before signing up. We will have online sign up as well as sign-up sheets at the pool or you may email the coaches. **By signing up for a meet you have made a commitment to be present. Other swimmers who may be in a relay with you and your coaches are relying on you!** *If your swimmer becomes ill, is injured, or a family emergency arises, please let us know. We understand these things happen.*

Swim meets: If signed-up for a meet, swimmers have an obligation to show up, be on time, and be ready to swim. Swimmers should cheer on their teammates; know their event numbers by checking the line up sheets, and pay attention to the meet in order to know approximately when they should report to the bull pen. A parent helper from each team will be coordinating the swimmers in the bull pen and putting them in order of the line up. Listen or watch for which events are in the bull pen. Win or lose team members should do their very best and above all, have fun! Coaches will advise swimmers what time to be at the pool for warm ups for meets.

If this is your first time swimming, please ask the coaches about heat sheets, the bull pen, and any other questions you have about the meets.

Away Swim meets: The Swim Team Coordinator and the Coaches will meet at Canterbury Pool at about 3 p.m. unless otherwise specified for away meets to caravan with those who might not be sure of where to go. If you have any questions, call the Swim Team Coordinator or the Coaches.

Parent sign-ups: Parents from both teams must work at least one shift at the swim meets in which their children are swimming. **The meets cannot be run without your help.** First shift is events 1-45 and the second shift is events 46-90. Each team must supply their own helpers including:

- **Away Meets:** Bull Pen (2 helpers); Stroke Judge (2 helpers); Ribbon Writer (2 helpers); Timers (12 helpers)
- **Home Meets:** Bull Pen (2 helpers); Stroke Judge (2 helpers); Ribbon Writer (2 helpers); Timers (12 helpers); Runners (4 helpers); Concessions (4 helpers)

Parent helper sign-up sheets will be posted Thursday thru Tuesday. If not enough parents are signed up to help Julie will be calling to fill empty slots.

Donut sign up: A tradition at Canterbury, the Thursday morning practice following the meets we have provided a donut to each swimmer that participated in the meet. After practice swimmers will receive their ribbons along with a donut to celebrate! We are asking parent helpers to provide donuts (2 parents) on Thursday mornings. To determine the number of donuts needed, the helpers should find out from a coach on Wednesday how many team members are signed up to swim in a given meet. Depending on numbers, only one parent may be needed to provide donuts. It is up to you what you would like to provide – one kind, i.e. glazed – or a variety. The club will provide the napkins. You may also provide an alternative, like popsicles. The kids really enjoy this treat! (The coaches do too so be sure to include them in your count.) This is completely voluntary and at your own expense.

Sharpie Markers: The kids like to ‘tattoo’ themselves with bubbles and cheers with sharpie markers. They can also write their event information on their hand or leg with them. Stick a few in your swim bag. You (parents) may want to bring a small pad of paper for you to keep track of your child’s events.

Water & Sunscreen: Be sure your swimmer is well hydrated. On hot days we are out by the pool for a few hours so make sure your kids bring a water bottle to the meets. Just because they are in the water doesn’t mean they don’t have to DRINK water. Water or Gatorade is best. Some pools do not provide a lot of shade so be sure to bring sunscreen. Also, canopies may be set up at some pools for shade.

If you know someone who would like to swim with Canterbury, please invite them to join us. Non-members may join the swim team for \$45 each. Word of mouth is our best advertisement!

Thank you. We look forward to a fun summer swim season!

Julie Wilkins

Erin Dougherty

Kendra Wadding

